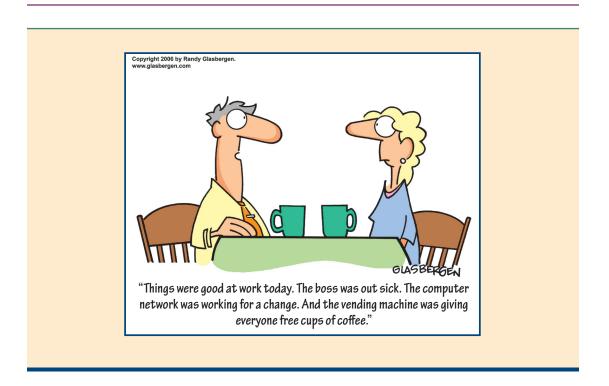
3 Main Ideas

This Chapter in a Nutshell

- Recognizing an author's **main idea**, or point, is the most important reading skill.
- The main idea is a general idea supported by specific ideas and details.
- Learn to think as you read by asking yourself, "What is the author's point?"

What Is the Main Idea?



What's the point?" People ask this question when they want to know what main idea is being presented. Sometimes a main idea is clear right away, as in the cartoon above. What would you say is the speaker's point in the cartoon?

Explanation

The main idea is that the speaker had a good day at work. He then supports his point with three specific reasons: the boss was out, the computer network was working, and the vending machine was dispensing free coffee.

When you read, get in the habit of asking, "What is the main point the writer is trying to make?" Recognizing the **main idea**, or point, is the most important key to better reading.



Check Your Understanding

For instance, read the following paragraph, asking yourself as you do, "What is the author's point?"

¹Poor grades in school can have various causes. ²For one thing, students may have financial problems. ³If they need to work long hours to make money, they will have little study time. ⁴Another cause of poor grades may be trouble with relationships. ⁵A student may be unhappy over family problems or a lack of friends. ⁶That unhappiness can harm schoolwork. ⁷A final cause of poor grades may be bad study habits. ⁸Some students have never learned how to take good notes in class, how to manage their time effectively, or how to study a textbook. ⁹Without such study skills, their grades are likely to suffer.

Here is a good two-step way to find an author's point, or main idea:

- 1 Look for a general statement.
- **2** Decide if that statement is supported by most of the other material in the paragraph. If it is, you have found the main idea.

Below are four statements from the passage about poor grades. Pick out the general statement that is supported by the other material in the passage. Write the letter of that statement in the space provided. Then read the explanation that follows.

Four statements from the passage

- A. Poor grades in school can have various causes.
- B. For one thing, students may have financial problems.
- c. A final cause of poor grades may be bad study habits.
- D. Some students have never learned how to take good notes in class, how to manage their time effectively, or how to study a textbook.

The general statement that expresses the main idea of the passage is: _____

Explanation

- Sentence A: The phrase "various causes" in sentence A is a general one. It is broad enough to include all of the specific causes mentioned in the other sentences—financial problems, trouble with relationships, and bad study habits. Sentence A, then, is the sentence that expresses the main idea of the passage.
- Sentence B: This sentence is about only one type of problem, financial problems. "Financial problems" is not general enough to include the other two listed causes of poor grades: trouble with relationships and bad study habits.
- Sentence C: This sentence also mentions only one specific cause: bad study habits. "Bad study habits" is not general enough to include the other two causes presented in the paragraph.
- Sentence D: This sentence lists three specific study problems. It does not cover the other material in the paragraph.

The Main Idea as an "Umbrella" Idea

Think of the main idea as an "umbrella" idea. The main idea is the author's general point. The other material in the paragraph fits under it. That other material is made up of **supporting details**—specific evidence such as examples, reasons, or facts. The diagram below shows the relationship:



The explanations and activities on the following pages will deepen your understanding of the main idea.

How Do You Recognize a Main Idea?

To recognize the main idea of a passage, you must **become an active reader**. Active readers *think* as they read. Instead of merely taking in words, an active reader constantly asks, "What's the point?" In addition, active readers use a variety of other strategies to determine an author's main idea. Below are three active reading strategies you can use to help find the main idea in a passage.

- 1 Look for general versus specific ideas.
- **2** Use the topic to lead you to the main idea.
- **3** Use key words to lead you to the main idea.

Each strategy is explained on the following pages.

1 Look for General versus Specific Ideas

You saw in the paragraph on the causes of poor grades that the main idea is a *general* idea that is supported by *specific* ideas. To improve your skill at finding main ideas, then, it will be helpful to practice separating general from specific ideas.



Check Your Understanding

See if you can do the following brief exercises. Then read the explanations that follow.

- 1. You often use general and specific ideas without even realizing it. Consider the following:
 - *Animal* is a general term. Write the names of three specific animals:
 - Vegetable is a general term. Write the names of three specific vegetables:
 - *Emotion* is a general term. Write the names of three specific emotions:
 - _____

Explanation

In answering the above items, you might have chosen such specific animals as a dog, raccoon, or bear; such specific vegetables as carrots, onions, or celery; such specific emotions as anger, sadness, or happiness.

2.	Let's say that a new year is starting, and you decide to make some New Year's resolutions. Your general idea might be as follows:
	General idea: Starting in January, I want to make some changes in my life.
•	Now write three <i>specific</i> ideas—three resolutions that you might make:
Expl	anation
	the examples of specific resolutions might be to get to bed earlier, to eat less junks 1, and to spend at least a half hour reading each day.
3.	In thinking about your teachers, you might decide that one of your high-school English teachers was your best teacher. Your general idea might be as follows
	General idea: is the best teacher I ever had.
•	Now write three <i>specific</i> reasons you thought so highly of this teacher:
Expl	anation
	might, for instance, have liked a given teacher because he or she gave clear anations of ideas, had a friendly manner, and spent individual time with each ent.
4.	Finally, suppose you have found a good part-time job. Your general idea might be as follows:
	General idea: has been a good part-time job for me
•	Now write three <i>specific</i> supporting reasons for liking the job:



Three particular reasons for liking a job might include pay of ten dollars an hour, convenient work hours after school each day, and a short travel time of only fifteen minutes to the job.

Now do the practices that follow, which will give you more experience in telling the difference between general and specific ideas.



PRACTICE 1

Each cluster of words below consists of one general idea and three specific ideas. The general idea includes all the specific ideas. Identify each general idea with a $\bf G$ and the specific ideas with an $\bf S$. Look first at the example.

	Example			
	fryingbakingcookingsteaming			
	(Cooking is the general baking, and steaming.)	thre	e specific types of cooking: fryin	g
1.	soup	4.	entertainment	
	water		movies	
	liquid		concerts	
	coffee		card games	
2.	potato chips	5.	cans	
	pretzels		boxes	
	salted nuts		bags	
	snacks		containers	
3.	cotton	6.	rock	
	fabric		classical	
	silk		country	
	wool		music	

necklace jewelry ring bracelet fish tuna salmon flounder			coughing sneezing symptom sore throat speaking listening writing communicating
PRACTICE 2			
includes the sp that are covered Example G	ecific ideas. In the spad by the general idea. Seneral: school subject	ces pro	e others are specific. The general idea vided, write two more specific ideas
S_I	pecific: biology, Span	ish,	
(S	School subjects is the great subjects, as are histor		dea; biology and Spanish are specific ath.)
1. General: Specific:	beverages iced tea, water,		
2. General: Specific:	sport baseball, soccer,		
3. General: Specific:	relatives cousin, mother,		
4. General: Specific:	sandwich ham, grilled cheese,		
5. General: Specific:	reading material textbook, comic book	,	
6. General: Specific:	seafood clams, lobster,		
7. General:	tone of voice		

Specific: excited, surprised,

8.		negative personal quality greed, cowardice,	,	
9.		positive personal quality reliability, determination,	,	
10.	General: Specific:	greeting "How are you," "Hello,"	,	



PRACTICE 3

In the following groups, one statement is the general point (and main idea), and the other statements are specific support for the point. Identify each point with a $\bf P$ and each statement of support with an $\bf S$.

1.	A. A mosquito can find you in the dark.
	B. A mosquito can keep you awake all night.
	C. Though a mosquito is small, it has a lot of power.
	D. A mosquito can make you scratch yourself until you bleed.
2.	A. The bread the waiter brought us is stale.
	B. We've been waiting for our main course for over an hour.
	C. The people at the next table are awfully loud.
	D. It is time to speak to the restaurant manager.
3.	A. The apartment has no closets.
	B. The kitchen is so small only one person can be there.
	C. Each morning the apartment fills with exhaust fumes from a nearby bus station.
	D. The apartment has some real drawbacks.
4.	A. That teacher is very demanding.
	B. She calls on students who don't make eye contact with her.
	C. Students must e-mail her if they intend to miss a class.
	D. A paper handed in late is reduced a whole grade for each day it's late.



PRACTICE 4

In the following groups—all based on textbook selections—one statement is the general point (and main idea), and the other statements are specific support for the point. Identify each point with a **P** and each statement of support with an **S**.

 A. Only one in three adults engages in regular physical activity. B. The percentage of obese adults has more than doubled in the past 40 years. C. About one in five adults still smokes cigarettes. D. Americans are not as healthy as they should be.
 A. Couples committed to each other gain strength from their mutual support. B. Committed couples are financially more successful than singles. C. Committed relationships offer many benefits. D. Happily married adults live longer and have fewer emotional problems.
 A. Finding safety in numbers, bats live in large colonies numbering from several thousand to a million or more. B. Bats are creatures with a strong instinct to protect their own kind. C. Mother bats, who usually have one offspring per year, leave their young only to get food. D. When colonies containing mother bats are disturbed, the mothers will try to move their young to a safer location.
 A. In 17th-century Europe, people went through a lot of trouble to wear makeup. B. To wear makeup at that time, men and women had to put an unpleasant mixture of lead, egg whites, and vinegar on their faces. C. Once a person's makeup was applied, he or she had to be careful not to laugh, or the new "face" would crack. D. The lead in the makeup caused scars and blemishes, which had to be

2 Use the Topic to Lead You to the Main Idea

You already know that to find the main idea of a selection, you look first for a general statement. You then check to see if that statement is supported by all or most of the other material in the paragraph. If it is, you've found the main idea. Another approach that can help you find the main idea of a selection is to look for its topic.

The **topic** is the general subject of a selection. It is not a complete sentence, but can be simply expressed in several words. Knowing the topic can help you find a writer's main point about that topic.

Textbook authors use the title of each chapter to state the overall topic of that chapter. They also provide many topics and subtopics in boldface headings within the chapter. For example, here is the title of a section in a psychology textbook:

Why We Communicate

And here are the subtopics:

Physical Needs

Identity Needs

Social Needs

Practical Goals

If you were studying the above chapter, you could use the topics to help find the main ideas. (Pages 5–9 explain just how to do so, as well as providing other textbook study tips.)

But there are many times when you are not given topics—with standardized reading tests, for example, or with individual paragraphs in articles or textbooks. To find the topic of a selection when the topic is not given, ask this simple question:

Who or what is the selection about?

For example, look again at the beginning of the paragraph that started this chapter:

Poor grades in school can have various causes.

What, in just a few words, is the above paragraph about? On the line below, write what you think is the topic.

Topic:	

You probably answered that the topic is "poor grades in school." As you reread the paragraph, you saw that, in fact, every sentence in it is about poor grades.

The next step after finding the topic is to decide what main point the author is making about the topic. Authors often present their main idea in a single sentence. (This sentence is also known as the **main idea sentence** or the **topic sentence**.) As we have already seen, the main point about poor grades is "Poor grades in school can have various causes."



Check Your Understanding

Let's look now at another paragraph. Read it and then see if you can answer the questions that follow.

¹Phobias are continuing fears of things that are not likely to be harmful. ²For example, some people have a phobia about elevators. ³They worry that if they enter an elevator, the cable will break and they will fall hundreds of feet to their death. ⁴While such an accident can happen, it is extremely rare. ⁵Another instance of a phobia is a fear of medical needles. ⁵Some people will refuse to receive an injection, even if they are seriously ill. ¹They may faint if given a needle; so great is their fear that they are about to die. ³Perhaps the most common phobia is fear of public speaking. °Some people will not go to school or take jobs if they have to speak before a group. ¹ºTheir fear—that they will embarrass themselves and that people will pity or reject them—has little basis in reality. ¹¹These and other phobias can usually be overcome, often fairly quickly, with the right direction and treatment.

- 1. Write the letter of the *topic* of the paragraph. To find the topic, ask yourself what the paragraph is about. (It often helps as you read to look for and even circle a word, term, or idea that is repeated in the paragraph.)
 - A. Dangers
 - B. Phobias
 - C. Worry about elevators

2. Write the number of the sentence that states the *main idea* of the paragraph. In other words, what point is the author making about the topic? (Remember that the main idea will be supported by the other material in the paragraph.)

Explanation

As the first sentence of the paragraph suggests, the topic is "phobias." Continuing to read the paragraph, you see that, in fact, everything in it is about phobias. And the main idea is clearly sentence 1: "Phobias are continuing fears of things that are not likely to be harmful." This idea is a general one that sums up what the entire paragraph is about. It is an "umbrella" statement under which all the other material in the paragraph fits. The parts of the paragraph could be shown as follows:

Topic: Phobias

Main idea: Phobias are continuing fears of things that are not likely to be harmful.

Supporting details:

- 1. Fear that an elevator ride will end in a fall to death.
- 2. Fear that an injection will cause death.
- 3. Fear that speaking in public will lead to pity or rejection.

The following practices will sharpen your sense of the difference between a topic, the point about the topic (the main idea), and the supporting details.



PRACTICE 5

Below are groups of four items. In each case, one item is the topic, one is the main idea, and two are details that support and develop the main idea. Label each item with one of the following:

- T for the **topic** of the paragraph
- MI for the main idea
- **SD** for the supporting details

Note that an explanation is provided for the first group; reading it will help you do this practice.

Group 1

 Α.	One pitcher smoothes the dirt on the pitcher's mound before he throws each pitch.
 В.	One infielder sits in the same spot on the dugout bench during every game.
 С.	Some baseball players think that certain superstitious habits help them win games.
 D.	Superstitious baseball players.

Explanation

All of the statements in Group 1 involve superstitious baseball players, so item D must be the topic. (A topic is expressed in a single word or short phrase and is not a complete sentence.) Statements A and B each describe specific superstitious habits of individual baseball players. Statement C, however, is more general—it states that some players think certain superstitious habits help them win games. Statement C thus gives the main idea, and statements A and B are supporting details that explain that main idea.

Grou	p 2	
		A. Houdini learned to pop his shoulder out of its socket in order to escape from straitjackets.
		B. Harry Houdini, the famous escape artist, worked hard at his career.
		C. Harry Houdini.
		D. Houdini trained to hold his breath for over five minutes in order to pull off underwater escapes.
Grou	р 3	
		A. At dinnertime, instead of cooking, many people simply go to a fast-food restaurant or order take-out.
		B. More and more families rely on prepared meals from the frozen-foods section or the deli counter.
		C. Home cooking is becoming a lost art.
		D. Home cooking.
Grou	р 4	
		A. Some cultures permit women to be denied an education or abused by men.
		B. Some male religious leaders teach that "women are inferior before God."



PRACTICE 6

Following are four paragraphs. Read each paragraph and write the letter of the item you think is the topic of the paragraph. Then write the number of the sentence you think states the main idea of the paragraph.

D. Many women are mistreated in the world today.

C. The mistreatment of many women.

Here is how to proceed:

1 Ask yourself, "What seems to be the topic of the paragraph?" (It often helps to look for and even circle a word or idea that is repeated in the paragraph.)

Hint: When looking for the topic, make sure you do not pick one that is either **too broad** (covering a great deal more than is in the selection) or **too narrow** (covering only part of the selection). The topic and the main idea of a selection must include everything in that selection—no more and no less.

- 2 Next, ask yourself, "What point is the writer making about this topic?" This will be the main idea. In this practice, it is stated in one of the sentences in the paragraph.
- **3** Then test what you think is the main idea by asking, "Is this statement supported by all or most of the other material in the paragraph?"

Paragraph 1

¹Some students use avoidance tactics when faced with college work. ²They tell themselves, "I'm not bright enough," and so never make an honest effort to do the work. ³Or they may say to themselves, "I'm too busy," and then they deliberately find an endless number of things to do other than study. ⁴A third excuse that students use is to say, "I'm too tired." ⁵As a result, they decide to take naps or to sleep late rather than try to study. ⁴Finally, students may say, "I'll do it later." ¹In other words, they procrastinate and keep putting study off so they can spend more time watching TV or texting friends or playing games.

- _____ 1. The topic of the paragraph is
 - A. college work.
 - B. avoidance tactics.
 - C. procrastination.
 - 2. Write the number of the sentence that states the main idea of the paragraph.

Paragraph 2

¹The female black widow spider is not as terrible a killer as is generally believed. ²While the creature is certainly poisonous, she is also very shy and will bite humans only when she feels cornered. ³Also, the idea that the black widow always kills the male after mating is untrue. ⁴The male is often spared—if he remembers to tap out a special signal as he ventures onto his mate's web. ⁵The vibrations on the web let her know he is one of her own kind, not an insect to be rushed at and killed.

- ____ 3. The topic of the paragraph is
 - A. the female black widow spider.
 - B. poisonous spiders.
 - C. the unlucky male black widow spider.
- 4. Write the number of the sentence that states the main idea of the paragraph.

Paragraph 3

¹Potato chips got their start because of a hard-to-please restaurant customer in 1853. ²In that year, George Crum was working as a chef at an elegant resort in Saratoga Springs, New York. ³He prepared thick-cut French-fried potatoes for diners there. ⁴But one diner kept sending his potatoes back to the kitchen, complaining that they were too thick for his taste. ⁵Crum cut the potatoes thinner and thinner and finally, very annoyed, made a serving of potatoes too thin and crisp to eat with a fork. ⁶To his surprise, the guest loved them. ⁷Other guests demanded a taste. ⁸Soon "Saratoga Chips" were the most popular item on the menu.

- _____ 5. The topic of the paragraph is
 - A. a hard-to-please customer.
 - B. the origins of foods.
 - C. potato chips.
- _____ 6. Write the number of the sentence that states the main idea of the paragraph.

Paragraph 4

¹People have always loved bike riding. ²Biking, however, can be a dangerous activity. ³One danger is "getting doored"—having a car driver open his or her door directly into the path of an oncoming bike. ⁴Another risk is aggressive drivers who feel they have more right to the roads than bikes do. ⁵Such drivers will scream, honk, or gesture wildly. ⁶They may block off bikers without a signal or a look, giving the biker no time to avoid running off the road or into the car. ¬An added source of danger for bikers is poor road design, which in many cases allows just enough room for a car on either side of the road, but no extra room for a biker to be on the same road. ⁶Recently, the U.S. Department of Transportation noted that bicycling is now more dangerous than flying in planes or riding in buses, boats, or trains.

- 7. The topic of the paragraph is
 - A. biking.
 - B. transportation.
 - C. getting "doored."
- 8. Write the number of the sentence that states the main idea of the paragraph.

3 Find and Use Key Words to Lead You to the Main Idea

Sometimes authors make it fairly easy to find their main idea. They announce it by using **key words**—words or phrases that are easy to recognize. These key words are clues to the main idea.

One type of key word is a **list word** or words, which tell you a list of items is to follow. For example, the main idea in the paragraph about poor grades was stated like this: *Poor grades in school can have various causes*. The expression *various causes* helps you zero in on the main idea. You realize that the paragraph will be about the causes of poor grades. As you read on and see the series of causes, you know your guess about the main idea was correct.

Below are some common words that often announce a main idea. Note that nearly all of them contain a word that ends in s—a plural that suggests the supporting details will be a list of items.

List Words

several kinds of	various causes	a few reasons
a number of	a series of	three factors
four steps	among the results	several advantages

When expressions like these appear in a sentence, look carefully to see if that sentence might be the main idea. Chances are a sentence with these words will be followed by a list of major supporting details.



Check Your Understanding: List Words

Underline the list words in the following sentences.

Hint: Remember that list words usually end in *s*.

Example Being a middle child in a large family has several drawbacks.

- 1. The rising rate of obesity among young people seems to have three causes.
- 2. Several symptoms may indicate that a person is having a heart attack.
- 3. The Pilgrims faced a number of challenges during their first winter in America.
- 4. Community colleges have some real advantages over four-year colleges.
- 5. Students offer a variety of excuses for their homework being late.

Explanation

In the first sentence, you should have underlined the phrase *three causes*. Those words suggest that a list of the three causes of the rising rate of obesity among young people may follow. In sentences 2–5, you should have underlined these groups of words: *Several symptoms*, a number of challenges, some real advantages, and a variety of excuses. Each of those phrases also tells you that a list of supporting details may follow.

There is another type of key word that can alert you to the main idea. This type of key word, called an **addition word**, is generally used right before a supporting detail. Below is a box of words that often introduce major supporting details and help you discover the main idea.

Addition Words

one	to begin with	in addition	last
first	another	next	last of all
first of all	second	moreover	final
for one thing	also	furthermore	finally



Check Your Understanding: Addition Words

Reread the paragraph about causes of poor grades and underline the addition words that alert you to supporting details. Also, see if you can circle the list words that suggest the main idea.

¹Poor grades in school can have various causes. ²For one thing, students may have financial problems. ³If they need to work long hours to make money, they will have little study time. ⁴Another cause of poor grades may be trouble with relationships. ⁵A student may be unhappy over family problems or a lack of friends. ⁰That unhappiness can harm schoolwork. ⁷A final cause of poor grades may be bad study habits. ⁸Some students have never learned how to take good notes in class, how to manage their time effectively, or how to study a textbook. ⁹Without such study skills, their grades are likely to suffer.

Explanation

The words that introduce each new supporting detail for the main idea are *For one thing, Another*, and *final*. These addition words help you realize that all the details

in the paragraph are supporting the idea that poor grades in school can have various causes. You should have underlined these three words.

Since *various causes* are list words, you should have circled them. Even before you saw the addition words, those list words could have suggested to you that the paragraph may list the different causes of poor grades. As you can see, in this paragraph (as in many others), list words and addition words work hand in hand.



PRACTICE 7

The chapters that follow will offer a good deal of practice in key words. For now, do the activity below.

- **A.** Underline the list words in each of the following sentences.
 - 1. Living alone has a number of advantages.
 - 2. Physical punishment can be harmful to a child in several ways.
 - 3. The Industrial Revolution came about quickly because of three major inventions.
 - 4. A series of mistakes led to the arrest and imprisonment of the wrong person.
 - 5. To memorize materials effectively, there are two important steps to follow.
 - 6. The National Board of Medical Examiners has released some alarming facts about doctors.
- **B.** (7–10.) Underline the four addition words or phrases in the following passage.

¹Women don't hold more political power in the United States for several reasons. ²First of all, women are still a minority in law and business. ³Those are the fields from which most politicians come. ⁴In addition, political careers usually require a great deal of time spent away from home, and such hours don't tie in well with motherhood. ⁵Also, women are less likely to have a supportive spouse at home, ready to help out with child care, housework, and the like. ⁴Finally, men have not been eager to open up the "boys' club" of political power to women. ¹They tend to support and encourage upcoming male candidates, not female ones.

A Note on the Central Point

In selections made up of many paragraphs, the overall main idea is called the **central point**, also known as the **central idea** or **thesis**. You can find a central point in the same way that you find a main idea. First, identify the topic (which is often suggested by the title of the selection). Then look at the supporting material. The paragraphs within the longer reading will provide supporting details for the central point.

The following chapter, "Supporting Details," provides more information about (and practice in) the list and addition words that help signal main ideas and the details that support them.

CHAPTER REVIEW

In this chapter, you learned the following:

- Recognizing the main idea is the most important key to good comprehension. The main idea is a general "umbrella" idea. The specific supporting material of the paragraph fits under it.
- Three strategies that will help you find the main idea are to (1) look for general versus specific ideas; (2) use the topic (the general subject of a selection) to lead you to the main idea; (3) use key words to lead you to the main idea.

The next chapter—Chapter 4—will increase your understanding of the specific details that authors use to support and develop their main ideas.



On the Web: If you are using this book in class, you can visit our website for additional practice in recognizing main ideas. Go to **www.townsendpress.com** and click on "Learning Center."



REVIEW TEST 1

To review what you've learned in this chapter, answer each of the following questions by filling in the blank.

1.	The umbrella statement that covers the material in a paragraph is the
	(topic or main idea?)
2.	The supporting details are always more (general or specific?) than the main idea.
	than the main idea.
3.	To help yourself find the (topic or main idea?) of a paragraph, ask yourself, "Who or what is this paragraph about?"
4.	To help you decide if a certain sentence is the main idea of a paragraph,
	ask yourself, "Is this sentence by all or most of the other material in the paragraph?"
	One way to help find the main idea is to look for addition words like <i>first</i> , <i>second</i> , <i>also</i> , and <i>finally</i> . Such words often introduce the supporting
	s for a main idea.

REV

REVIEW TEST 2

A. Each cluster of words below consists of one general idea and three specific ideas. The general idea includes all the specific ideas. Underline the general idea in each group.

1. kneeling	position	standing	sitting
2. water	electricity	gas	utility
3. housing	condominium	palace	apartment
4. hearing	touch	sense	sight
5. nicotine	alcohol	drug	aspirin
6. flour	ingredient	yeast	eggs
7. tinsel	colored lights	decoration	wreath
8. car payment	credit-card bill	personal loan	debt

inclu		e idea is general and the ot leas. In the spaces provid general idea.		~
9–10.	General: Specific:	pet parakeet, hamster,		
11–12.	General: Specific:	sharp object razor, broken glass,		
13–14.	General: Specific:	footwear boots, slippers,		
15–16.	General: Specific:	breakfast item orange juice, oatmeal,		
state		ng group, one statement is support for the point. Ide		
	_ в. He never asl	e speaking to Doug, he is a questions of the other p	_	nd the room.
		skilled at conversation. s when he thinks of somet	hing he wants to sa	y.
REV	IEW TEST 3			
		four items includes one space provided, label ea	_	
	T — for the topic MI — for the main SD — for the supp	idea		
Gro	up 1			
	A. The hu	man skeleton has certain	important functions	S.
	B. The ske	eleton gives the body sup	port and shape.	
	C. The sk	eleton protects internal or	gans.	
	D. The hu	man skeleton.		

Group 2

	A. Americans and exercise.
	B. Americans tend to ride everywhere instead of walking.
	C. Most Americans don't get enough exercise.
	D. Americans tend to watch sports instead of playing them.
Group 3	
	A. The Egyptian pyramids.
	B. More than 100,000 laborers worked to build Egypt's Great Pyramid.
	C. The Egyptian pyramids were built with manpower and skill, not secret engineering.
	D. Pyramid builders used ropes, wooden levers, and muscle power to

B. Read each paragraph below and write the letter of the item you think is the topic of the paragraph. Then write the number of the sentence that states the main idea of the paragraph.

move giant stones.

Paragraph 1

¹A dangerous mistake that students can make in life is not to take charge of their own lives. ²If they do not sail their own ship but choose to drift with the tides and be part of the crowd, their ship may drift onto the rocks! ³Their friends and peers may just be interested in smoking, drinking, socializing, playing games, and getting by. ⁴They might not be interested in doing the hard work needed to succeed in life. ⁵Studies have shown that countless students go through high school trying to be one of the gang. ⁶Only later, sometime after high school, do some of them realize they must take responsibility for their lives. ⁷Doing what other people in one's social group are doing may help make one popular, but it does not help one get a diploma that can lead to a job.

13. The topic is
A. a dangerous mistake students can make.
B. being part of the crowd.
C. getting a diploma.
14. What is the number of the sentence that states the main idea

Paragraph 2

C. better

¹Almost every week you're likely to see a TV commercial or an ad for a new health product. ²It might promise better sleep, more energy, clearer skin, firmer muscles, lower weight, brighter moods, longer life—or all of these combined. ³The product is often endorsed by ordinary-looking people who have been carefully rehearsed. ⁴However, if a health product sounds too good to be true, it probably is. ⁵If, for example, a magic pill really *could* trim off excess pounds or remove wrinkles, the world would be filled with thin people with unlined skin. ⁶Look around, and you'll realize that's not the case.

__15. The topic is A. TV commericals and ads. B. new health products. C. magic pills. 16. What is the number of the sentence that states the main idea? **C.** In the space provided, write the letter of the list words in each sentence. ____17. A teenager in serious emotional trouble is likely to display certain kinds of behavior. A. serious emotional trouble B. likely to display C. certain kinds of behavior 18. The widespread pollution of the lakes in the region has a number of causes. A. widespread pollution B. lakes in the region C. a number of causes **D.** In the space provided, write the letter of the addition word in each sentence. 19. The best single way to become a better student is to attend every class; another important step is to take good notes in class. A. another B. important

- ______20. Extreme stress can lead some people to escape through drug abuse; stress may also lead to such severe depression that a person attempts suicide.
 - A. stress
 - B. also
 - c. depression



REVIEW TEST 4

Here is a chance to apply your understanding of main ideas to a full-length reading. First read the following selection from the college textbook *Sociology*, *Third Edition*, by Rodney Stark—it will give you a fascinating view of the type of behavior we all witness every day. Then answer the questions that follow about topics, main ideas, and the central point. There are also vocabulary questions to help you continue practicing the skill of understanding vocabulary in context.

Words to Watch

Below are some words in the reading that do not have strong context support. Each word is followed by the number of the paragraph in which it appears and its meaning there. These words are indicated in the selection by a small circle (°).

conformity (2): behavior in accordance with group ideas and customs

confirming (2): proving true perception (3): observation at odds (8): in disagreement

stakes (10): something to be gained or lost

GROUP PRESSURE

Rodney Stark

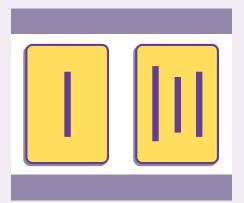
- 1 It is self-evident that people tend to conform to the expectations and reactions of others around them. But what are the limits of group pressure? Can group pressure cause us to deny the obvious, even physical evidence?
- Over thirty-five years ago, Solomon Asch performed the most famous

experimental test of the power of group pressure to produce conformity°. Since then his study has been repeated many times, with many variations confirming° his original results. Perhaps the best way to understand what Asch discovered is to pretend that you are a subject in his experiment.

3 You have agreed to take part in an experiment on visual perception°. Upon arriving at the laboratory, you are given the seventh in a line of eight chairs. Other students taking part in the experiment sit in each of the other chairs. At the front of the room the experimenter stands by a covered easel. He explains that he wants you to judge the length of lines in a series of comparisons. He will place two decks of large cards upon the easel. One card will display a single vertical line. The other card will display three vertical lines, each of a different length. He wants each of you to decide which of the three lines on one card is the same length as the single line on the other card. To prepare you for the task, he displays a practice card. You see the correct line easily, for the other lines are noticeably different from the comparison line.

The experiment begins. The first comparison is just as easy as the practice comparison. One of the three lines is obviously the same length as the comparison line, while the other two are very different. Each of the eight persons answers in turn, with you answering seventh. Everyone answers correctly. On the second pair of cards, the right answer is just as easy to spot, and again all eight subjects are correct. You begin to suspect that the experiment is going to be a big bore.

Then comes the third pair. The judgment is just as easy as before. But the first person somehow picks a line that is obviously wrong. You smile. Then



the second person also picks the same obviously wrong line. What's going on? Then the third, fourth, fifth, and sixth subjects answer the same way. It's your turn. You know without doubt that you are right, yet six people have confidently given the wrong answer. You are no longer bored. Instead, you are a bit confused, but you go ahead and choose the line you are sure is right. Then the last person picks the same wrong line everyone else has chosen.

A new pair is unveiled, and the same thing happens again. All the others pick an obviously wrong line. The experimenter remains matter-of-fact, not commenting on right or wrong answers but just marking down what people pick. Should you stick it out? Should you go along? Maybe something's wrong with the light or with your angle of vision. Your difficulty lasts for eighteen pairs of cards. On twelve of them, all the others picked a line you knew was incorrect.

When the experiment is over, the 7 experimenter turns to you with a smile

9

and begins to explain. You were the only subject in the experiment. The other seven people were stooges paid by Professor Asch to answer exactly the way they did. The aim of the experiment was to see if social pressure could cause you to reject the evidence of your own eyes and conform.

In his first experiment, Asch tested fifty people in this situation. Almost a third of them went along with the group and gave the wrong answer at least half of the time. Another 40 percent yielded to the group some of the time, but less than half of the time. Only 25 percent refused to yield at all. Those who yielded to group pressure were more likely to do so as the experiment progressed. Nearly everyone withstood the group the first several times, but as they continued to find themselves at odds° with the group, most subjects began to weaken. Many shifted in their chairs, trying to get a different line of vision. Some blushed. Finally, 75 percent of them began to go along at least a few times.

The effects of group pressure were also revealed in the behavior of those who steadfastly refused to accept the group's misjudgments. Some of these people became increasingly uneasy and apologetic. One subject began to whisper to his neighbor, "Can't help it, that's the one," and later, "I always disagree—darn it!" Other subjects who refused to yield dealt with the stress of the situation by giving each nonconforming response in a progressively louder voice and by casting challenging looks at the others. In a recent replication of the Asch study, one subject loudly insulted the other seven students whenever they made a wrong choice. One retort was "What funny farm did you turkeys grow up on, huh?"

The Asch experiment shows that 10 a high number of people will conform even in a weak group situation. They were required merely to disagree with strangers, not with their friends, and the costs of deviance were limited to about half an hour of disapproval from people they hardly knew. Furthermore, subjects were not faced with a difficult judgment—they could easily see the correct response. Little wonder, then, that we are inclined to go along with our friends when the stakes° are much higher and we cannot even be certain that we are right.

Reading Comprehension Questions

Vocabulary in Context

 In the sentence below, the word <i>stooges</i> (stooj's) means a. comedians. b. people who played a role. c. true subjects in an experiment. d. educators.
"The other seven people were stooges paid by Professor Asch to answer exactly the way they did." (Paragraph 7)
 2. In the sentence below, the word withstood (with-stood') means A. recognized. B. agreed with. C. resisted. D. understood.
"Nearly everyone withstood the group the first several times, but as they continued to find themselves at odds with the group, most subjects began to weaken." (Paragraph 8)
 3. In the excerpt below, the word <i>steadfastly</i> (stĕd'făst'lē) means A. constantly. B. wrongly. C. helpfully. D. comfortably.
"The effects of group pressure were also revealed in the behavior of those who steadfastly refused to accept the group's misjudgments. Some of these people became increasingly uneasy and apologetic." (Paragraph 9)
 4. In the excerpt below, the word <i>replication</i> (rep'li-ka'shen) means A. memory. B. repeat. C. image. D. prediction.
"In a recent replication of the Asch study, one subject loudly insulted the other seven students" (Paragraph 9)

5. In the excerpt below, the word *retort* (rĭ-tôrt') means A. genuine question. B. form of praise. c. choice. D. quick, sharp reply. "... one subject loudly insulted the other seven students whenever they made a wrong choice. One retort was 'What funny farm did you turkeys grow up on, huh?'" (Paragraph 9) 6. In the sentence below, the word *deviance* (de 've-ans) means A. going along with the crowd. B. an experimental test. C. differing from the normal group behavior. D. being a stranger. "They were required merely to disagree with strangers, not with their friends, and the costs of deviance were limited to about half an hour of disapproval from people they hardly knew." (Paragraph 10)

Central Point

- _____ 7. Which of the following is the topic of the whole selection?
 - A. Visual perception
 - B. Solomon Asch
 - C. Asch's experiment on group pressure
 - D. Stooges in an experiment
- 8. Which sentence from the reading comes closest to expressing the central point of the whole selection?
 - A. "Upon arriving at the laboratory, you are given the seventh in a line of eight chairs."
 - B. "The experimenter remains matter-of-fact, not commenting on right or wrong answers but just marking down what people pick."
 - C. "In his first experiment, Asch tested fifty people in this situation."
 - D. "The Asch experiment shows that a high number of people will conform even in a weak group situation."

Main Ideas

- _____ 9. The topic of paragraph 9 is
 - A. the behavior of subjects who refused to accept the group's misjudgments.
 - B. subjects who became uneasy and apologetic.
 - C. a duplication of the Asch study.
 - D. subjects who insulted others.
 - ____10. The main idea of paragraph 9 is expressed in its
 - A. first sentence.
 - B. second sentence.
 - C. next-to-the-last sentence.
 - D. last sentence.

Discussion Questions

- 1. Were you at all surprised by the results of Solomon Asch's experiment? If you had been one of the subjects, do you think you would have stuck to your answers, or would you have gone along with the group? Why?
- 2. What reasons might the subjects in the Asch experiment have had for eventually giving in and accepting the group's wrong answers?
- 3. Stark refers to the Asch experiment as a "weak group situation," one in which the group is made up of strangers and the stakes are not very high. What might a "strong group situation" be? Give examples.
- 4. Have you ever been in a situation when you wanted to resist group pressure? What was the situation, and why did you want to resist? What could you have done to resist?

Note: Writing assignments for this selection appear on pages 605–606.

Check Your Performance	MAIN IDEAS
Activity	Number Right Points Score
Review Test 1 (5 items)	× 2 =
Review Test 2 (20 items)	× 1.5 =
Review Test 3 (20 items)	× 1.5 =
Review Test 4 (10 items)	× 3 =
	TOTAL SCORE =%
Enter your total score into the Reading Perform	nance Chart: Review Tests on the inside back cover.

Name		Date	
Section	SCORE: (Number correct)	x 5 =	%

A. Each cluster of words below consists of one general idea and three specific ideas. The general idea includes all the specific ideas. Underline the general idea in each group.

1. oak	tree	maple	pine
2. iron	tin	metal	aluminum
3. insect	ant	roach	fly
4. basketball	hockey	tennis	sport

B. In each item below, one idea is general, and the other two are specific. The general idea includes the specific ideas. In the spaces provided, write **two** more specific ideas that are covered by the general idea.

5–6.	General: Specific:	fruit orange, pineapple,		
7–8.	General: Specific:	country Canada, Greece,		
9–10.	General: Specific:	holiday Independence Day, Labor Day,		
11–12.	General: Specific:	criminal kidnapper, arsonist,	,	

C. (13–20.) In each group below, one statement is the general point, and the other statements are specific support for the point. Identify the point with a **P** and each statement of support with an **S**.

Group 1

 A. Pet owners survive longer after a major illness than people who don't own
pets.
 B. Daily time with pets aids relaxation and decreases stress.
C. Pet ownership has positive effects on people's health.

____ D. Petting an animal lowers blood pressure in humans.

Group 2

- A. Certain harmless snakes eat poisonous ones.B. Snakes help control the rodent population by eating mice and rats.
- ___ C. Medicines for humans have been developed from snake venom.
- ___ D. Despite their poor public image, snakes have their good points.

Name		Date .	
Section	SCORE: (Number correct)	x 5 =	%

A.	Each cluster of words below consists of one general idea and three specific ideas.
	The general idea includes all the specific ideas. Underline the general idea in each
	group.

1. rose	daisy	tulip	flower
2. sofa	furniture	table	chair
3. illness	flu	measles	pneumonia
4. socks	iacket	clothes	shirt

В.	In each item below, one idea is general, and the other two are specific. The general
	idea includes the specific ideas. In the spaces provided, write two more specific
	ideas that are covered by the general idea.

5–6.		beverages water, milk,	
7–8.	General: Specific:	bird parrot, turkey,	
9–10.	•	natural disaster earthquake, hurricane,	
11–12.		happy event birth of a child, getting an A,	

C. (13–20.) In each group below, one statement is the general point, and the other statements are specific support for the point. Identify the point with a **P** and each statement of support with an **S**.

Group 1

 theater popcorn.
 B. Buying candy at a grocery store, not a theater, cuts candy costs in half.
 C. Moviegoers can take several simple steps to save money at the movie theater.
 D. Going to movies early in the day can reduce ticket prices by several dollars.

(Continues on next page)

Group 2

- A. Naps improve people's moods and alertness.
 B. Taking a nap boosts energy and increases work productivity.
 C. After a nap, it is easier to concentrate and make decisions.
- ____ D. People should take a nap every day.

Name		Date	
Section	SCORE: (Number correct)	x 5 =	%

A.	(1-12.) In	each	group	below,	one	statemer	nt is	the	general	point,	and	the	other
	statements	are sp	ecific	support	for t	he point.	Ider	ntify	each po	int with	h a P	and	each
	statement of	of supp	ort wi	th an S.	,								

Group 1
A. Tall buildings in the United States often have twelfth and fourteenth floors—but not a thirteenth floor.
B. Houses in France are never numbered thirteen.
C. Throughout the world, the number thirteen is viewed as unlucky.
D. Many global airlines have removed row number thirteen from airplane seating charts.
Group 2
A. Restaurant ratings are based on more than just food.
B. A restaurant's service can be almost as significant as the meal itself.
C. For many restaurant critics, the comfort of the surroundings will be a part of their evaluation.
D. Menu prices are always taken into consideration.
Group 3
A. The average American child is exposed to 12,000 violent acts—including rape and murder—on TV each year.
B. Adults who watch TV two hours a day increase their chances of obesity by 25 percent and Type 2 diabetes by 14 percent.
C. Toddlers who watch TV for an hour each day increase their risk of having

attention problems by 10 percent.

____ D. TV watching can be an unhealthy activity.

В.	. (13–20.) Each group of four items includes one topic, one main idea, and to supporting details. In the space provided, label each item with one of the following				
	 T — for the topic of the paragraph MI — for the main idea SD — for the supporting details 				
	Group 1				
	A. Researchers believe one quarter of "mysterious" fires in dwellings in the United States are caused by rats.				
	B. Problems caused by rats.				
	C. Studies show that rats are to blame for 26 percent of electrical cable failures in houses and apartments.				
	D. Rats cause serious problems to homeowners and apartment dwellers.				
	Group 2				
	A. Young Americans are more likely to eat fast food, avoid exercise, be obese, or smoke cigarettes.				
	B. Many do not have health insurance or get regular physical or dental exams and do not receive health care when they need it.				
	C. Young Americans moving into adulthood face significant health risks.				
	D. Health risks for young Americans.				

Name		_ Date _	
Section	SCORE: (Number correct)	_ x 5 =	%

A. (1–12.) In each group below, one statement is the general point, and the other statements are specific support for the point. Identify each point with a **P** and each statement of support with an **S**.

Grou	ıp	1
	A	

- _ A. Some people find it difficult to live without technology.
- ____ B. You never see them sitting quietly reading a book.
- ___ C. When they are out during the day, they are constantly interacting with their phones.
- ____ D. At home they watch TV, read e-mail, and spend time on Facebook and other social media.

Group 2

- ____ A. Most teens who work do so to develop responsibility and gain independence from their parents.
- ____ B. Almost all teens who work are motivated by a desire to earn spending money.
- ___ C. For a majority of teens, work offers an opportunity to spend time with peers.
- ___ D. Teenagers choose to work during the school year for a variety of reasons.

Group 3

- ____ A. Panic disorder, a type of anxiety in which people experience feelings of panic, affects eight out of every thousand people.
- ____ B. Anxiety is a widespread disorder that many people deal with each day.
- ___ C. Five to 10 percent of Americans suffer from phobias, a type of anxiety in which people experience intense fear of things such as spiders, dogs, or bridges.
- ____ D. About 12 million Americans experience strong fear in social situations—social anxiety—each year.

В.	(13–20.) Each group of four items includes one topic, one main idea, and two supporting details. In the space provided, label each item with one of the following:						
	 T — for the topic of the paragraph MI — for the main idea SD — for the supporting details 						
	Group 1						
		A. Women have 15–20 percent more "gray matter" in their brains than men.					
		B. A man's brain is larger and has more "white matter" than a woman's.					
		_ C. When it comes to their brains, men and women are not equal.					
		_ D. Men's and women's brains.					
	Group 2						
		_ A. Crocodiles have shown a remarkable ability to survive.					
		B. Crocodile-like creatures have existed for around 200 million years.					
		_ C. The survival of crocodiles.					
		_ D. Crocodiles have been known to survive an entire year without food.					

Name		Date	
Section	SCORE: (Number correct)	x 5 =	%

A.	(1-4.) In the group below, one statement is the general point, and the other statements are specific support for the point. Identify the point with a P and each statement of support with an S .					
	A. On each square inch of your skin, there are millions of live bacteria.B. Your mouth is home to the "tooth amoeba," a tiny organism that feeds food and dead cells.					
C. Your body, like those of all humans, is home to many organisms.						
D. Tiny mites live in the roots of your eyelashes and feed on dead t						
В.	(5–12.) Each group of four items includes one topic, one main idea, and two supporting details. In the space provided, label each item with one of the following:					
 T — for the topic of the paragraph MI — for the main idea SD — for the supporting details 						
	Group 1					
	A. One or two cups of coffee a day will relieve drowsiness and can increase concentration.					
	B. Drinking a cup of coffee before a workout boosts strength and fights muscle fatigue.					
	C. The effects of drinking coffee.					
	D. Coffee, when consumed in reasonable amounts, can produce positive effects on the body.					
	Group 2					
	A. Sunglasses that block harmful ultraviolet light were first developed by the space program.					
	B. Surprisingly, the U.S. space program has led to some useful items in everyday life.					
	C. The material in football helmets and protective padding was first made to protect astronauts in space.					
	D. Some unexpected benefits of the U.S. space program.					

C.	_	_	ter of the list words in ea ils to look for in a parag	ach sentence. (List words raph.)
		People who do not vote A. a number of excuses B. national elections	_	ve a number of excuses. The do not vote
		To decide whether or n A. <i>To decide</i>	ot to take a job, conside B. whether or not	r several key factors. C. several key factors
		One study after another effects on the body. A. One study after ano B. long-term effects on	ther C. cigarette	e smoking has long-term smoking
		Advertising should not variety of reasons. A. Advertising should in the children's television	not be permitted C.	a's television shows for a a variety of reasons
D.		following passage. The ords that introduce each		d, write the letter of the
	who c in the on pa vote. rights difficu job. ⁹ F help v	rannot read or write are li newspaper or the menu ckages with familiar picto fas a result, they are "h . ⁷ Another problem is in alt to take courses that m Finally, they have trouble	mited in a world full of pri in a restaurant. In a super ures and colors. In additional alf-citizens" who cannot in pursuing an education wight help them advance is	ty. ² For one thing, people nt. ³ They can't read stories market, they must depend on, illiterate people do not exercise their democratic. ⁸ Illiterate people find it n their job or get a better arn. ¹⁰ They are not able to fear of embarrassing their
		The addition words tha A. limited in a world fi B. For one thing. C. familiar pictures an	* *	of illiterate people are
		The addition words that A. "half-citizens."	signal the second proble B. democratic rights.	em of illiterate people are C. <i>In addition</i> .
		The addition word that A. <i>Another</i> .	signals the third probler B. <i>education</i> .	n of illiterate people is C. courses.
		The addition word that A. <i>trouble</i> .	signals the fourth proble B. <i>embarrassing</i> .	em of illiterate people is C. <i>Finally</i> .

Name		Date		
Section	SCORE: (Number correct)	x 5 =	%	

A.	(1-4.) In the group below, one statement is the general point, and the other statements are specific support for the point. Identify the point with a P and each statement of support with an S .
	A. In 1908, a meteor struck a remote region in Russia, destroying thousands of square miles of forest.
	B. In March 2004, an asteroid just missed the Earth, passing inside the moon's orbit.
	C. There is a real chance that an asteroid will collide with the Earth.
	D. In 2028, a mile-wide asteroid—big enough to destroy a continent—is expected to come dangerously close to Earth.
В.	(5–12.) Each group of four items includes one topic, one main idea, and two supporting details. In the space provided, label each item with one of the following:
	 T — for the topic of the paragraph MI — for the main idea SD — for the supporting details
	Group 1
	A. Those exposed to secondhand smoke for 30 years or more are 23 percent more likely to get lung cancer.
	B. Exposure to secondhand smoke presents a number of serious health hazards to nonsmokers.
	C. Exposure to secondhand smoke.
	D. Nonsmokers exposed to secondhand smoke at home have a 15 percent higher death rate than those exposed to clean air.
	Group 2
	A. Advances in computer technology.
	B. E-mail is now used to steal people's identification and credit card information.
	C. High-speed Internet connections are used to send harmful viruses around the world.
	D. Advances in computer technology have created new tools for criminals

C.	In the space	ce provided, write the le	tter of the lis	t words in each	sentence.	
		Most mothers cradle the A. <i>Most mothers</i> B. <i>cradle their babies</i>		their left arms f c. for several re		asons.
		Marriage has undergone A. <i>Marriage</i> B. <i>a number of change</i>		f changes in recent year	-	
		The original versions outcomes. A. original versions B. famous fairy tales		fairy tales ha		nocking
		Although most celebrit they would agree that for A. most celebrities B. different lives	ame has som		S.	nt lives,
D.		following passage. Therefords that introduce each			rite the lette	r of the
¹There are several parenting styles. ²The first is the authoritarian ³Authoritarian parents give orders and punish their children if those orders are quickly obeyed. ⁴There is also the authoritative style. ⁵Authoritative parents it clear they are in charge, but they are open to seeing their children's powiew. ⁶The next style is that of permissive parents, who avoid ever saying "no give the children a good deal of power. ¹The final parenting style is uninvolved parent does not ask much of children, and does not give attention either. ⁰Most child-raising experts feel that children's needs are best by authoritative parents.					s are not its make point of 'no" and involved.	
		The addition word that A. <i>several</i> .	signals the fi		yle is punish.	
		The addition word that A. <i>also</i> .	signals the so		style is point.	
		The addition word that A. <i>permissive</i> .	signals the th	_	tyle is next.	
	20.	The addition word that A. <i>uninvolved</i> .	signals the fo		style is <i>best</i> .	